

## **KNOWLEDGE EXERCISE**





WHAT SHOULD YOU LEARN	SHOULD
PLAN	PLAN
WHAT WOULD YOU LIKE TO LEARN	WANT
PLAN	PLAN





"AS THE ISLAND OF OUR UNDERSTANDING GROWS, SO TOO, DO THE SHORES OF OUR IGNORANCE." - JOHN ARCHIBALD WHEELER



## **KNOWLEDGE RESOURCES**

- Read Gifts Differing by Myers and Myers.
  - Take the personality test at www.16personalities.com
  - Read through your personality summary, and the full 8-section report, paying special attention to the professional areas.
  - Ask your supervisor, peers, and subordinates to take the test and share their personality type with you, then read how best to interact with each of them.
- Read <a href="http://99u.com/articles/29995/never-stop-learning-how-self-education-creates-a-bullet-proof-career">http://99u.com/articles/29995/never-stop-learning-how-self-education-creates-a-bullet-proof-career</a>
  - Identify and write down which of the four recommended methods you'd prefer in order to jumpstart your desire to learn and grow.
  - Look at the "How to Take Control..." portion and establish a goal in each topic for a specific area of professional development. Share that goal with a peer, supervisor, or friend outside of work, and ask them to hold you accountable at least weekly.
- Watch <a href="https://www.youtube.com/watch?v=ynSsOGGmdn8">https://www.youtube.com/watch?v=ynSsOGGmdn8</a>
  - Pay attention to the 2:20 3:00 minute mark.
  - Set one goal in each of the four areas mentioned and share them with a peer. Ask them to hold you accountable to those goals.
- Read <a href="https://www.themuse.com/advice/schools-not-out-the-importance-of-continuing-education">https://www.themuse.com/advice/schools-not-out-the-importance-of-continuing-education</a>
  - Learn one new skill each week for the next three months.
    Make sure that at least one week each month is dedicated to professional learning. Write down what you've learned and how you've been able to apply it.

- Set a goal to learn a new machine or process at work this month.
  - Share that goal with a coworker and ask them to hold you accountable.
  - Write down what you learned and how you've been able to apply it for professional gain. For example, learning a new machine might have allowed you to train new people, freeing up a peer to continue on a more important process.
  - Log the results of that gain and take them to your supervisor during your next evaluation. For example, "John was able to complete 25 more jobs this week, resulting in an additional X number of dollars because he didn't have to stop to train the new hire.
- · Read the following two articles
  - <a href="http://blog.dlsg.lincoln.ac.uk/work-based-learning/top-5-benefits-of-work-based-learning/">http://blog.dlsg.lincoln.ac.uk/work-based-learning/top-5-benefits-of-work-based-learning/</a>
  - <a href="https://fitforwork.org/blog/the-benefits-of-ongoing-learning-in-the-workplace/">https://fitforwork.org/blog/the-benefits-of-ongoing-learning-in-the-workplace/</a>